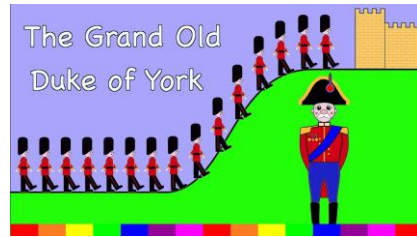


Big Nursery – WC 03.02.25 & 10.02.25



**Our rhyme of the week is:
The Grand Old Duke of York**

Oh, the grand old Duke of York,
He had ten thousand men,
He marched them up to the top of the hill
(*Everyone stands up*)
And he marched them down again.

And when they were up they were up.
And when they were down they were down.
And when they were only half way up,
They were neither up nor down.

What to do at home together:

- Sing the rhyme together.
- Repeat the rhyme
- Encourage your child to repeat key words.
- Can they copy the actions? Model by standing up for 'up' and sitting down for 'down' and crouch for 'half way up'

Click on the link below for the song:

<https://www.youtube.com/watch?v=TWWNFB8grkw>

Little Nursery – WC 03.02.25 & 10.02.25



**Our rhyme of the week is:
Teddy Bear, Teddy Bear**

Teddy bear, teddy bear, turn around,
Teddy bear, teddy bear, touch the ground.
Teddy bear, teddy bear, jump up high,
Teddy bear, teddy bear, touch the sky.
Teddy bear, teddy bear, bend down low,
Teddy bear, teddy bear, touch your toes.
Teddy bear, teddy bear, turn off the light,
(*Everybody says 'shhh!'*)
Teddy Bear, Teddy Bear, say goodnight.

What to do at home together:

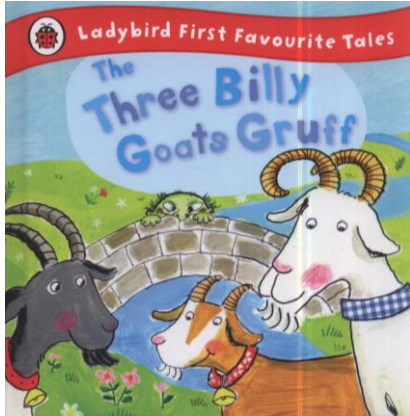
- Sing the nursery rhyme together.
- Talk about the different parts of the body: nose, mouth ears etc.
- Use actions and try singing the song slowly, quickly, loudly and quietly.

Click on the link to hear the rhyme:

<https://www.youtube.com/watch?v=iDVJZlr3LMO>

Big Nursery – WC 03.02.25 & 10.02.25

Our book of the fortnight is: The Three Billy Goats Gruff by various authors



This book supports children's learning around the importance of trust and safety. It provokes stranger danger awareness and thinking about what it feels like to be scared.

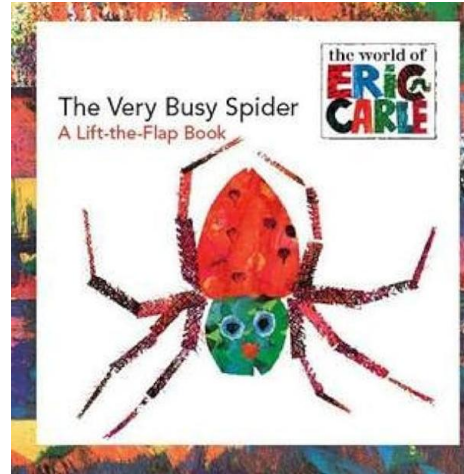
The text supports mathematical concepts of ordinal number such as first, second and third.

How to get the most out of reading to young children:

- Sit close together. You could encourage your child to hold the book themselves and turn the pages, too.
- Take a look at the pictures. You don't just have to read the words on the page. What might they tell us about the story before we read the words?
- Ask questions for example, 'Do you think he is scared? Why?'
- Use toys and make a bridge, ask who is going over first, second and third.
- Have fun! There's no right or wrong way to share a story - as long as you and your child are having fun. Don't be afraid to act out situations or use funny voices... your little ones will love it!

Little Nursery - WC 03.02.25 & 10.02.25

Our book of the fortnight is: The Very Busy Spider by Eric Carle



This book encourages new language through touch, and explores coming across and naming different animals. It promotes children to think about and express what scares them.

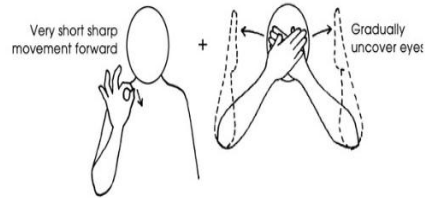
How to get the most out of reading to young children:

- Be expressive! Be imaginative: are there any props you can use at home to help tell the story?
- Sensory books can be a great way to introduce new language: what does it feel like?
- Give your child space to talk, and ask how they feel about the situations in the story.

Our Makaton signs of the fortnight are:

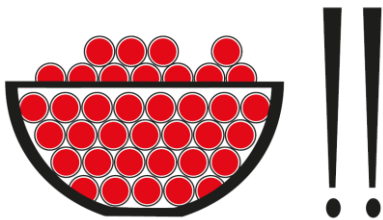


Special Day

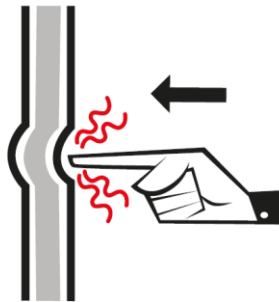


(Always remember to say the word as you sign)

Our Concept Cat signs of the fortnight are:



Most



Soft

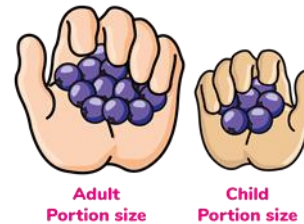
Our Right of the fortnight is:



Children can choose their own thoughts, opinions and religion, but this should not stop other people from enjoying their rights. Parents can guide children so that as they grow up, they learn to properly use this right.



What's a 'portion' of fruit or vegetables?



For children, the portion size depends on their size and age. **A portion is roughly what fits in the palm of their hand.**

Even babies, once weaned, can eat their 5 a day. Start with 5 tastes, increasing the portion size as their meals get bigger.

For adults a portion is roughly 80g. 5 portions a day means 5 portions of fruit and vegetables combined, not 5 portions of fruit and 5 portions of vegetables.

Lots more early years activities, information and recipes can be found on the Startwell website:

<https://startwellbirmingham.co.uk/>